



Load Restraint Checklist

Pre-departure check · one sheet per load

TrakkHQ
trakkhq.com

1 Driver, vehicle and load

DRIVER NAME	DATE	JOB / REF
TRUCK REGO	TRAILER REGO(S)	LOAD (WHAT, HOW MANY)

2 Before you leave

Check	Yes	No	N/A
POSITION			
Load placed against the headboard, or blocked so it can't move forward	☐	☐	☐
Load stable, evenly spread and not able to shift, tip or roll	☐	☐	☐
Dunnage in good condition and placed where the load needs it	☐	☐	☐
RESTRAINTS			
Correct number and type of restraints for this load	☐	☐	☐
Straps, chains and fittings in good condition (no cuts, fraying or damage)	☐	☐	☐
Tensioners (ratchets, dogs, winches) working and tightened	☐	☐	☐
Anchor points rated for the restraints and in good condition	☐	☐	☐
Edge protection fitted where straps cross sharp or fragile edges	☐	☐	☐
Loose strap ends tied off; nothing dragging or flapping	☐	☐	☐
Curtains, gates and sides not relied on as restraint unless rated for it	☐	☐	☐
LIMITS			
Load within the vehicle's mass limits, including axle loads	☐	☐	☐
Load within the vehicle's dimension limits (width, height, length)	☐	☐	☐
Projecting load marked with flags or lights where required	☐	☐	☐
COVERS AND RE-CHECKS			
Tarps or covers secure, ropes tied off	☐	☐	☐
Restraints re-checked after the first few km	☐	☐	☐
Restraints re-checked after each stop, and after any load change	☐	☐	☐

3 Re-checks on the road

Time	Location	Restraints re-tensioned?	Initials

4 Notes and sign-off

NOTES (PROBLEMS FOUND, WHAT WAS FIXED)	
DRIVER SIGNATURE	DATE